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INTAKE & CONSULTATION FORM

PERSONAL DETAILS:

SURNAME:

FORENAME:

PREFERRED NAME:

DATE OF BIRTH:

ADDRESS:

RELATIONSHIP STATUS:

OCCUPATION:

EMAIL ADDRESS:

TELEPHONE NUMBER:

EMERGENCY CONTACT NAME:

TELEPHONE NUMBER:

HEALTH:

DOCTOR'S NAME AND ADDRESS:

MEDICATION:

HEALTH PROBLEMS/MEDICAL CONDITIONS (PAST & CURRENT):

FROM THE LIST BELOW CIRCLE/TICK YOUR AREAS OF CONCERN:

ADDICTIONS

ANXIETY

EATING PROBLEMS

DEPRESSION

DRINKING

STRESS

FOOD /DIET

CONFIDENCE

SMOKING

FEARS

WEIGHT PROBLEMS

SELF ESTEEM

DRUGS

PHOBIAS

ANOREXIA

MOTIVATION

GAMBLING

PANIC ATTACKS

BULIMIA

ACHIEVING GOALS

COMPULSIVE BEHAVIOUR

GUILT

EXERCISE

PROCRASTINATION

RELAXATION

CAREER ISSUES

SEXUAL PROBLEMS

PAIN CONTROL

RELATIONSHIPS

INTERVIEW SKILLS

FERTILITY

HEARING

CHILDHOOD PROBLEMS

NERVES

IVF

SIGHT/VISION

SLEEP PROBLEMS

PUBLIC SPEAKING

CONCEPTION

MOBILITY

CONCENTRATION

PREGNANCY

SKIN PROBLEMS

EXAMS

BIRTH

HAIR GROWTH

MEMORY

DRIVING SKILLS